

The Kindness Cap

Materials:

1 skein – Briggs & Little Regal or Heritage
2 ply 100% wool, 113gm/ 4oz skein

Needles:

1 4mm Circular 40cm OR 1 set 4mm double pointed
1 4.5mm Circular 40cm OR 1 set 4.5mm double pointed
1 set 4.5mm Double Pointed
9 stitch markers (optional)
Darning Needle & Scissors
Pompom (optional)

Gauge: approx. 22 stitches = 4 inches on 4mm needles

Abbreviations:

St(s) – stitch(s)
CO. - cast on
K - knit
P - purl
Tog - together
Dec - decrease
K2tog- insert your working needle into the next 2 sts and knit them as 1 to decrease 1 stitch.
PM – place marker

Note: If your test swatch gauge doesn't equal the gauge noted, adjust the needle sizes up or down until it matches. This will ensure your completed cap is the correct adult size.

This stocking stitch cap is a quick knit project, designed for knitting in the round on double pointed or circular needles. Complete it in one colour or choose a contrasting band. The Beanie and toque (K2P2) style are shown below. Instructions are included for three styles: beanie, toque with K1P1 ribbing or toque with K2P2 ribbing.

Read all instructions before casting on.

Directions:

With 4mm needle(s) cast on 96 sts, PM, join in-the-round. *Make sure no stitches are twisted*

Proceed with **(K1, P1)** ribbing for 14 rounds as shown in photo (Beanie) **or** 3.5 inches (9cm) for Toque, increasing **4** stitches evenly spaced on final round. For alternate rib see * at end of pattern.

Work 1 round stocking stitch.
If working the (Beanie) two colour option break contrast and join main shade.

Change to 4.5 mm needle(s).

Work 30 rounds stocking stitch, or until work from round 1 of stocking stitch measures 4.5 inches.

Begin crown decrease, switch to double pointed needles when necessary.

Round 1 (K8, K2tog) repeat to end of round.
Round 2 Knit.
Round 3 (K7, K2tog) repeat to end of round.
Round 4 Knit.

Continue decreasing in this manner, that is, having 1 stitch less between the knit stitches on the odd numbered rounds until 20 stitches remain in the round.

Next Round (K2tog) to end of round.

Break yarn leaving sufficient to thread through remaining 10 stitches. Draw up and fasten securely.

To Finish:

Turn cap inside out, darn in ends and gently press, omitting ribbing.
Securely sew the optional pom-pom to the top and darn in ends.

*Alternate Rib. For use on the Toque variety. Use (K2,P2) rib instead of (K1,P1) for 3.5 inches (9cm).

